

**REFERENCES FROM LECTURE**  
**“ERGONOMICS AND STRETCHES FOR THE QUILTER”**

by Jann Thulien

**BOOKS**

1. The Hidden Hazards of Quilting, Cathy Watts ISBN 0-9699999-0-9 © 1996
2. Quilts from The Quilter's Gift: 20 Traditional patterns for a new generation of generous quilters Joanne Larsen Line, Nancy Loving Tubesing Illustrations by Gail de Marcken ISBN 0-439-30909-3 ©2000
3. Creating your Perfect Quilting Space, Sewing-Room Makeovers for any space and any budget, Lois L. Hallock ISBN 1-56477-569-0 © 2005

**WEBSITES FOR FURNITURE**

www.sewingtableshop.com

www.hornofamerica.com

www.joann.com

www.seweziusa.com

[www.sewingandcraftclub.com](http://www.sewingandcraftclub.com)

www.sewingtableshop.com